

READING MATERIAL FOR CHRISTIANS UNDER PRESSURE

Here are some resources from a diverse theological spectrum that I and others have found useful in our spiritual journeys as Christians. I pray that they are of some help to you also.

Allender, W. *Leading With A Limp: Take Full Advantage of Your Most Powerful Weakness* 2008 Waterbook Press.

Anderson, F. *Running on Empty Contemplative Spirituality for Achievers* 2004 WaterBrook Press.

Austin, B. *When God Has Put You On Hold*. 1986 Tyndale House.

Beach, S. *The Silent Seduction of Self Talk* 2008 Moody Publishers

Bloem, S. & R. *Broken Minds: Hope for Healing When You Feel Like You're "Losing It"*. 2005 Kregel Publications

Brain, P. *Going the Distance* 2004 Mathias Press

Campolo, T. & Albert Darling, M. *The God of Intimacy & Action: Reconnecting Ancient Spiritual Practices, Evangelism and Justice*. Jossey-Bass 2007

Chant, B. *Walking with a Limp: a charismatic approach to suffering* 2002 Openbok Publishers

Cordeiro, W. *Leading on Empty: Refilling Your Tank And Renewing Your Passion* 2009 Bethany House.

Crordeiro, W. *The Divine Mentor* 2007 Bethany House.

Douty, L. *How Did I Get To Be 70 When I'm 35 Inside Spiritual Surprises of Later Life?* 2011 SkyLight Paths Publishing

Fernando, A. *The Call to Joy and Pain: Embracing Suffering in Your Ministry* 2008 Inter-Varsity Press.

Fryling, R. A. *The Leadership Ellipse: Shaping How We Lead By Who We Are* 2010 IVP Press

Greene-McCreight, K. Darkness Is My Only Companion: A Christian Response to Mental Illness. 2006 Brazos Press

Hart, A. Adrenalin & Stress 1988 Word Books

Hart, H. Unmasking Male Depression 2001 Thomas Nelson

Jackson, A. Permission to Speak Freely. Essays and Art On Fear, Confession, and Grace. 2010 Thomas Nelson Inc.

Klassen, M. Strange Fire Holy Fire: Exploring the Highs and Lows of Your Charismatic Experience 2009 Bethany House Publishers

MacDonald, J. When Life is Hard 2010 Moody Publishers

Muller, W. A life of being, hving, and doing enough. 2010 Harmony Books

Nelson, A. E. Embracing Brokenness: How God Refines Us Through Life's Disappointments. 2004 NavPress

Ortberg, J. The Life You've Always Wanted: Spiritual disciplines for ordinary people. 2002 Zondervan

Ortberg, J. When the Game Is Over, It All Goes Back In The Box. 2007 Zondervan

Piper, J. When the Darkness Will Not Lift: Doing what We Can While We Wait for God and Joy 2006 Crossway Books

Rohr, R. A Lever And A Place To Stand: The Contemplative Stance, The Active Prayer, 2010 Hidden Spring Publishers

Rohr, R. Falling Upward A Spirituality For Two Halves Of Life 2011 Jossey-Bass

Sandford, R. Lauren Renewal for the Wounded Warrior: A Burnout Survival Guide for Believers 2010 Chosen Books

Scazzero, P. Emotionally Healthy Spirituality 2006 Thomas Nelson / Willow Creek

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